

# Buckeye Fitness Calendar

Oct - Dec 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Spin</b> (8am - 9am)		<b>Spin</b> (8am - 9am)	
<b>Zumba</b> (9am - 10am)	<b>Boot Camp</b> (9am - 10am)	<b>TRX</b> (10am - 11am)	<b>Boot Camp</b> (9am - 10am)	<b>Zumba</b> (9am - 10am)
<b>Circuit</b> (10am - 11am)	<b>Yoga</b> (10am - 11am)	<b>Silver Sneakers</b> (11am - 12pm)	<b>Yoga</b> (10am - 11am)	<b>Circuit</b> (10am - 11am)
<b>Open Court Pickleball</b> (10am - 12pm)		<b>Open Court Pickleball</b> (10am - 12pm)	<b>Balance</b> (11am - 11:30)	<b>Open Court Pickleball</b> (10am - 12pm)
	<b>Open Court Pickleball</b> (4:30 - 6:30)	<b>Spin HIIT</b> (6pm - 7pm)	<b>Open Court Pickleball</b> (4:30 - 6:30)	<b>Open Court Pickleball</b> (4:30 - 6:30)