

Summer 2026 Fitness Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	Spin (8am - 9am)		Spin (8am - 9am)	
Zumba (9am - 10am)	BootCamp (9am - 10am)		BootCamp (9am - 10am)	Zumba (9am - 10am)
Circuit (10am - 11am)	Yoga (10am - 11am) @ Pavilion	PiYo (10am - 11am)	Yoga (10am - 11am) @ Pavilion	Circuit (10am - 11am)
Open Court Pickleball (11am - 12am)		Balance (11am - 11:30)	Silver Sneakers (11:30 - 12:30)	Open Court Pickleball (11am - 12am)
Silver Sneakers (11:30 - 12:30)		Open Court Pickleball (11am - 12am)		
	Open Court Pickleball (4:30 - 6:30)	Spin HIIT (6pm - 7pm)	Open Court Pickleball (4:30 - 6:30)	Open Court Pickleball (4:30 - 6:30)